



## Scholarship Application

Mindful Mamas Prenatal Yoga School gives one participant per training some sort of financial assistance for our 85 hour training course. Scholarships are awarded based on the applicant's current or future work with pregnant women, their level of need, and their plans for implementing mindfulness into their work. We receive more requests than we are able to accommodate. Since we get applicants doing incredible work for little to no wages from all walks of life, please take your time to evaluate your need honestly and thoughtfully.

<b>Contact Information</b>	
Full Name	
Street Address	
City, State & Zip Code	
Home Phone	
Work Phone	
E-Mail Address	
<b>Training Information</b>	
Training you wish to attend: _____ Date of training: _____	
<b>How did you hear about this training?</b>	
<input type="checkbox"/> www.mindfulmamas yoga.com	<input type="checkbox"/> Colleague/Friend
<input type="checkbox"/> A Mindful Mamas Flyer	<input type="checkbox"/> Mindfulness Group
<input type="checkbox"/> A Mindful Mamas E-Flyer or Email	<input type="checkbox"/> Took our 3 hour workshop
<input type="checkbox"/> Facebook	<input type="checkbox"/> Other (Please state): _____
<b>Professional Background (check all that apply)</b>	
<input type="checkbox"/> Prenatal Yoga Teacher <input type="checkbox"/> Doula <input type="checkbox"/> Social Worker <input type="checkbox"/> Midwife <input type="checkbox"/> Clinical Psychologist <input type="checkbox"/> Childbirth Educator <input type="checkbox"/> Parent <input type="checkbox"/> Other (Please state): _____	
Please tell us about your work history with pregnant women and yoga. Include where you have worked with these women. Also include any volunteer work associated with pregnant women.	

<p><b>How do you plan on implementing the Mindful Mamas curriculum after completing this training?</b></p>
<p><b>Briefly describe your previous mindfulness and yoga training and experience.</b></p>
<p><b>Is there anything else you would like us to consider when reviewing your application?</b></p>
<p><b>The full price of this training is typically around \$1500. What dollar amount of scholarship funding are you requesting from Mindful Mamas Prenatal Yoga School?</b></p>

Please sign (if mailing) or type (if submitting by email) your name to show that you agree to the terms of the work/trade scholarship agreement:

Sign here: \_\_\_\_\_

Date of submission: \_\_\_\_\_

Your application is due 8 weeks before the start of the training you are applying for. We will be in touch with you within a week after the application deadline. If you have any questions about your application or the work/trade scholarship agreement terms, please contact Laurel Hicks at [mindfulmamasyoga@gmail.com](mailto:mindfulmamasyoga@gmail.com) or 519-564-1326